# LESSON 1:

#### **CHANGE HAPPENS**

They keep moving the cheese.

## LESSON 2:

#### **ANTICIPATE CHANGE**

Get ready for the cheese to move.

# LESSON 3:

#### MONITOR CHANGE

Smell the cheese often so you know when it's getting old.

# LESSON 4:

#### ADAPT TO CHANGE

The quicker you get rid of the old cheese, the sooner you can enjoy new cheese.

# LESSON 5:

LESSON 6:

**ENJOY CHANGE** 

#### CHANGE

Move with the cheese.

# WHAT YOU WANT TO HAVE IN LIFE

Savour the adventure and enjoy the new cheese.

WHO WED MY CHEESE?

Spencer Johnson

Always keep looking for opportunities, even when you seem to be out of options, you get further by trying.

# AROGANCE & IGNORANCE ARE NOT OUR FRIENDS.

### NEVER BE AFRAID OF STARTING FRESH

DO NOT IGNORE THE WINDS OF CHANGE AS THEY WILL ONE DAY CATCH UP WITH YOU.

#### NEVER GO COMPLACENT

TAKE RESPONSIBILITY FOR YOUR ACTIONS.

#### LEARN TO LAUGH AT YOURSELF

We should always look out for change and be able to adapt to it. Those who DO, succeed, those who DON'T, suffer.

# THINGS CONSTANTLY CHANGE THINGS WE MUST ADAPT TAKE SWIFT ACTIONS AND DON'T OVER-COMPLICATE.

SHEAD YOUR FEARS AND EMBRACE CHANGE.

HAVING A CLEAR IMAGE OF YOUR END GOAL HELPS IN SELF-MOTIVATION.

# ALWAYS BE READY TO

# ACT FAST & EXPLORE



HEM one who denies to change as he fears it will lead to something worse

#### HAW

one who learns to adapt in time when he sees changing can lead to something better!

#### SNIFF

who siniffs out and change early!



SCURRY

who sourries into action!

WHO DO YOU WANT TO BE? GRADIARIS